

CHRISTENSEN MIDDLE SCHOOL



2018-2019

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Livermore, CA 94551

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Website: Christensen.livermoreschools.org

WELCOME

Organization is one key to success, and we hope all students will use this notebook on a daily basis to organize homework assignments and schedules. Take the time to review all of the additional information about student expectations contained in this notebook. Knowing your expectations and responsibilities is also a key to ensure your success.

Every student at Christensen Middle School needs to be working toward being responsible for their own behavior, attitudes, and learning. We all need to work together to make our school and community an ideal environment for adolescent learning. Let's strive to make this school year a great one!

CHARACTER COUNTS

Students at Christensen have weekly discussions on the six pillars of character: Trustworthiness, Respect, Responsibility, Fairness, Caring, and Citizenship. A person of character is a good person who knows the difference between right and wrong and always tries to do what is right. He/she sets a good example for everyone and tries to make the world a better place living according to the six pillars of character. These are values that all people, regardless of their walk of life or religion, can agree upon. They are the values we want our students to apply in making ethical decisions.

ACADEMIC EXPECTATIONS/STANDARDS

Students are expected to meet or exceed grade level District and State standards in all content areas. All students are expected to do their personal best in all classes. Students are expected to use an organizer to keep track of assignments. Each teacher will communicate his/her expectations and procedures with parents and students.

HOMEWORK

Homework is given for practice and additional reinforcement of concepts and lessons presented in class. Homework, which may take an average of 90 minutes per night to complete, will be assigned as needed. (BP 6154)

Most teachers assign homework Monday-Thursday. Additional homework may be assigned over the weekend. Generally, weekend homework consists of long-term assignments. Students should record homework assignments in their organizers. Parents should check the organizers for homework assignments and review the student's work.

It is expected that homework be turned in on time for full credit. It is the student's responsibility to make sure that homework is completed and turned in.

TEXTBOOKS

Textbooks are loaned to students. Books that are taken home are to have the student's name in the front inside cover. Students are responsible for keeping textbooks clean, intact, and returning them when due. **Students will be charged for textbooks that are lost or damaged.**

GRADES

Parents are encouraged to use **School Loop**, our on-line communication system, to review homework, grades, and missing assignments, and to communicate with staff. Progress report grades are updated on School Loop at the mid-point of each trimester for all students. Students and parents who are concerned about the student's grades at progress report time are encouraged to contact the teachers and administrators so that plans for student improvement may be made.

Report cards are mailed home at the end of each trimester. Students will be graded on their academic achievement (A-F).

HONOR ROLL

Those students who earn a Grade Point Average (GPA) of 3.75 or higher are recognized as members of the Principal's or Gold Honor Roll. Those students who earn a GPA of 3.0-3.74 are recognized as members of the Regular or Silver Honor Roll. No student receiving an F, I (Incomplete), or NM (No Mark) will be placed on the Honor Roll. All students who qualify for Honor Roll receive a Certificate of Scholastic Achievement.

SCHOOL HOURS

The office phones are answered from 7:30 a.m. to 4:00 p.m. School hours for students are from 8:25 a.m. to 2:31 p.m. (Monday, Tuesday, Thursday, Friday) and 8:25 a.m. to 1:31 p.m. on Wednesday. Students should leave campus and areas around school within 10 minutes of dismissal unless they are under the supervision of a staff member.

Students are under the supervision of school staff before and after school if they are on or near campus. Students fall under school rules on their way to school and on their way home, even if off campus.

CLOSED CAMPUS/VISITORS

Christensen is a closed campus. Students may not leave the school grounds before dismissal time without checking out through the office.

All visitors must check in at the office and obtain administrator approval and a visitor's badge before visiting any part of the school (Penal Code 627.2). Only parents, guardians, and adults with legitimate business at school are allowed. **Prior arrangements must be made**

with school personnel to visit any classroom. Student visitors are not allowed.

Friends or family members meeting students after school should plan to do so in the main parking area or at the street next to the park.

LIBRARY

The library will be open Monday through Friday. The Library Media Specialist is available for assistance. Students are responsible for all materials borrowed. Students who do not conform to the standard of thoughtfulness of others and adhere to the rules of the library will not be permitted to remain in the library.

All books may be borrowed for one month and renewed once if necessary. Lost or damaged library books must be paid for at their replacement cost. Student yearbooks, promotion activities, and end of the year activities may be withheld until all library books and textbooks are returned at the end of the school year.

SCHOOL PHOTOS

Student photos are taken during PE classes, during the first week of school. All students need to have their photos taken for student identification cards, yearbook, and school records. Students may opt to purchase photo packets.

STUDENT BODY/I.D.CARDS

A Student Body card with student photo will be issued to every student. These cards are important for school dances, the purchase of lunches when money is held in a personal account, and internet access. Students should have their I.D. Card with them at all times. This year, students must wear their ID cards with the exception of during physical education classes and life skills classes. Failure to do so will result in disciplinary action. Replacement cards and lanyards may be purchased in the Office for \$5.00. Replacement cards take two days to prepare, so students should plan accordingly. **I.D. CARDS WILL NOT BE MADE ON DANCE DAYS OR FRIDAYS.**

SCHOOL LUNCH

Students may bring a lunch from home or purchase food from the cafeteria. Additional snack items may be purchased. Prices are subject to change.

Students may eat lunch in the cafeteria or in the covered eating area *only*. Students are responsible for cleaning up after themselves and putting their trash in garbage cans. Aluminum and plastic should be recycled. Students must go directly to the blacktop area when directed to do so by a Campus Supervisor. These Supervisors oversee both lunch and blacktop areas and must be treated with respect. Failure to comply with their directives will result in a behavioral referral.

BICYCLES/BIKE CAGE

Students who ride bikes/skateboards/scooters to school must follow normal rules of the road and school rules. Students must walk their bikes/skateboards/scooters at all times while on campus. **HELMETS MUST BE WORN—it's the law.**

Bikes, skateboards and scooters must be parked and locked in the bike cage and locked at all times. The bike

cage will be locked during school hours in an additional effort to help secure student bikes. There will be supervision during the 15 minutes before school and the first 15 minutes after school. Students who stay after school for any reason should leave their bike locked up in the bike cage until ready to leave the campus. Students should not leave bikes unlocked.

NO bikes/skateboards/scooters are allowed in the hallways or the courtyard area. **THE SCHOOL IS NOT RESPONSIBLE FOR YOUR BICYCLE/SKATEBOARD/SCOOTER.**

MEDICATION

Medical permission forms must be completed and signed by DOCTOR and parent. Medications will be kept in the health office in the original container in the amount needed at school. **Students may not carry or store any medications. Students may carry inhalers if there is a signed note from their doctor on file in the office.**

ATTENDANCE

Students at Christensen are expected to be on time to school every day. Computerized attendance is taken every class period. **WHENEVER A STUDENT IS GOING TO BE ABSENT, A PARENT SHOULD CALL THE ATTENDANCE LINE BEFORE 9:00 A.M., (606-4702, Ext. 2). THE ATTENDANCE LINE IS AVAILABLE 24 HOURS A DAY/7 DAYS A WEEK. A NOTIFICATION OF ABSENCE CALL SHOULD BE MADE ON THE FIRST MORNING OF THE ABSENCE, AS WELL AS SUBSEQUENT DAYS, IF APPLICABLE.**

Assignments and homework missed during an absence need to be completed and turned in as soon as possible. According to District policy, students have as many days to make up homework and class assignments as they have been absent. It is important that students take responsibility to make up any work missed during an absence. **Requests for homework can be made through the office and will be accepted for absences of 2 or more days.** For absences of more than 5 days, please contact the school for Independent Study Contract information.

The District no longer receives funding from the State for students who are absent. A student must be present for the school to receive financial compensation. We acknowledge, however, that parent reporting of student absence and the reason for the absence is critical for student and school accountability. Please remember to call for **each** day the student is out.

EXCESSIVE ABSENCES/CUTS

Students who do not attend school regularly will be referred to the Child Welfare and Attendance Specialists. Every effort will be made to assist families in making sure students are in school. If students leave the school grounds without the permission of the office or do not report to class, it will be considered a "cut." Students who skip classes must serve detention for the amount of class time missed. Any portion of a period missed will count as a full period. This detention is served in the Office until the total time is completed. Work missed because of cutting will be accepted for credit at the discretion of the individual teacher. It is possible that an F will be given for all missed work.

PUPIL PERMISSION TO LEAVE SCHOOL

Parent requests for permission for students to leave school is given by the office staff with the teacher's knowledge. Pupils should bring a note from home when they are to be excused from class for any reason before the regular dismissal time. (It is the students' responsibility to leave class at the appropriate time.) These notes should be brought into the office before school. The office staff will file all such notes. Students must sign out in the office and sign in upon return.

TARDIES

Students who are tardy to school must report to the office. (Tardies accumulate per trimester and students start anew each trimester.) The tardy policy is as follows:

- 1st and 2nd unexcused tardy is a warning.
- 3rd or more unexcused tardies result in 30 minutes of detention per tardy

Parents will be called when the student needs to serve the detention. All other class tardies are handled by the classroom teacher, usually by the assignment of class detention.

Perfect Attendance Awards will be awarded to students at the end of the school year who have no missed periods and no tardies during the school year.

DETENTION

Students may have to serve detention as a result of choosing not to abide by school or classroom rules. Classroom detention is held at the discretion of the teacher, either before school, during lunch, or after school. Students and parents will have a 24-hour advance notice of any detentions longer than 10 minutes.

- If a student chooses not to serve detention on the assigned date, a 30 minute detention will be assigned.
- If a student chooses not to serve a 30 minute detention on the assigned date, the student will serve a one day suspension.

SUSPENSIONS AND EXPULSIONS

Students may be suspended or expelled according to the Secondary School Discipline Policy for:

- willful defiance of school authorities or rules
- damage or theft of school or private property
- actual or threatened injury to another person
- possession or sale of weapons
- possession or sale of drugs or alcohol
- possession or sale of drug paraphernalia
- possession or use of tobacco
- possession of explosive devices (including firecrackers)
- commission of obscene acts or habitual profanity or vulgarity
- disruption of school activities
- receiving stolen property
- robbery or extortion
- harassment of any kind
- gang-related activity or attire
- cyber bullying
- bullying

STUDENT RESPONSIBILITIES

Parents and students should have a mutual understanding that items left at home and dropped off later by parents should be left in the main office for pick-up. Students may check for these items during passing

periods or at lunch. **Items will not be delivered to classrooms, as this interrupts the process of education.**

APPEARANCE AND DRESS CODE

The dress code applies to all school activities and is based upon the LVJUSD Dress Code.

Every student is expected to dress neatly and appropriately for school and give proper attention to personal cleanliness. If at any time a student's dress or grooming is such that it detracts from the educational program, the student will be referred to the office.

The following are not permitted: Clothing or accessories that are crude/vulgar, or having lettering depicting drugs, tobacco, alcoholic beverages, racial/ethnic/gender slurs, gang affiliation, or are sexually suggestive. Hats, hairnets, and bandanas of any color. Hanging wallet chains, metal spikes or chains on clothing or accessories, extra long belts with excess hanging loosely, baggy/sagging pants, short shorts, excessive mini-skirts, halter tops, spaghetti straps, racer back tops or bare midriffs. *Since it is impossible to list all fashion trends/extremes, administrative discretion will be applied.* **Hats** are allowed **only** outside buildings as sun protection.

Students in violation of the DRESS CODE will be issued a change of clothes from the school.

- 1st violation: a warning
- 2nd violation: a parent phone call
- 3rd violation: parent conference

ACADEMIC ELIGIBILITY/ SPORTS/OTHER

Christensen offers a variety of activity programs for all interested students. As per Livermore School Board Policy, a student must maintain at least a 2.0 GPA to participate in extra-curricular activities. **In addition, a current "Sports Physical School Form" must be on file for students to participate in any after school sports activity (including team tryouts and practices).** Physical Cards are valid for one year from the date of the physician's signature (BP 5405). Eligibility is established the day report cards are issued and remains in effect until the next report cards are issued.

In order to participate in Student Council/Leadership, students must maintain a Grade Point Average of 2.75. Student Council will organize a variety of activities, e.g., dances, assemblies, rallies, lunchtime activities, and spirit dress-up days.

SCHOOL DANCES

School dances sponsored by the ASB are held throughout the year. Dances are held from 7 p.m. - 9 p.m. on Friday evenings. Tickets are sold during the week at lunch time with a current year ID Card. **Only Christensen students may attend. Tickets are not sold on Fridays or at the door.**

Tickets are non-transferable and non-refundable. Students are not given "in and out" privileges. The school dress code is enforced at any school dance or activity. **IN ORDER TO BE ELIGIBLE TO ATTEND SCHOOL DANCES, STUDENTS MUST NOT HAVE ANY SUSPENSIONS FROM SCHOOL OR MAY NOT HAVE ACCUMULATED MORE THAN TWO REFERRALS SINCE THE LAST DANCE. NO STUDENT WILL BE**

ADMITTED TO A SCHOOL DANCE WITHOUT HIS/HER CURRENT YEAR PHOTO I.D. CARD. PARENTS OF STUDENTS ARRIVING WITHOUT A VALID I.D. CARD WILL BE CONTACTED AND MUST PICK UP THEIR STUDENT IMMEDIATELY. Students who are not picked up within 15 minutes of the conclusion of the dance will forfeit their next dance privilege.

EIGHTH GRADE PROMOTION ACTIVITIES

Eighth graders may purchase a panoramic photo of the class. A panoramic class photo of the eighth grade class will be taken in the Spring. All eighth grade students are included in the photo.

Eighth graders who are passing all of their classes and meeting behavior requirements are invited to attend the 8th grade field trip in the Spring, the promotion dance, and the promotion ceremony.

The 8th grade field trip will take place on the last Monday of the school year. In order to take part in this activity, *students must have passing grades in all classes on their report card at the end of the second trimester.* Students must continue to maintain passing grades during the third trimester to attend.

The 8th grade promotion dance will take place in the Multi-Purpose Room on the last Friday of the school year. As with all school dances, the district dress code will be enforced. *In order to attend this activity, students must have passing grades in all of their classes during the third trimester.*

The 8th grade promotion ceremony will take place on the last Thursday of the school year. *In order to attend this activity, students must have passing grades in all of their classes for the third trimester.* Note that it is possible for students not to have the grades for the 8th grade field trip but still be able to participate in the other two promotion activities.

An eighth grade student may advance to high school with one failing grade on his or her report card at the end of the third trimester. However, the student may not take part in the promotion ceremony or dance. According to District policy, a student with two or more failing grades at the end of the third trimester must attend and pass summer school classes before advancing to high school. A student with three failing grades may be retained. Final decisions regarding a student's advancement to high school will be made by the administration in August.

FIRE DRILL, EARTHQUAKE, & LOCK DOWN DRILLS

We have set procedures for each of the above events and practice these drills monthly. All students and staff participate in these drills. We expect students to take these drills seriously as we want to ensure that all students are prepared in the event that we were to have a real emergency.

STUDENT USE OF ELECTRONIC COMMUNICATION DEVICES

The Board of Education recognizes that student use of cell phones and other personal electronic communication devices on campus may be necessary for health and safety reasons and to ensure a means of communication between the student and the student's parent/guardian. The Board also supports the use of technology as an instructional tool, and recognizes the potential value of

personal electronic communication devices to enhance a student's learning. The use of electronic communication devices on campus is permitted on a restricted basis in the regulation.

If your student carries an electronic communication device to school, it must be turned off and out of sight during school hours unless instructed by a teacher for educational use in the classroom.

Violations will result in progressive consequences and may result in suspension.

USE OF TECHNOLOGY IN INSTRUCTION

Due to a major increase in the amount of available computers, we would like students and parents to review a few key points in the Educational Use of the INTERNET and technology in schools. The full version of this document can be found online at livermoreschools.com [(School Board → Policies and Regulations → Policy Series 6000 → BP 6163.4(a))]

Students will be using Chromebooks, or small laptops, in many of their classes. The Chromebooks are an expensive piece of technology and like textbooks, students will be responsible if they deface, damage, destroy, or steal the equipment.

The Board of Education intends that technological resources provided by the district be used in a safe, responsible, and proper manner in support of the instructional program and for the advancement of student learning.

The Board desires to make sure that all district computers with internet access have a technology protection measure that blocks or filters inappropriate materials. Social networking sites like Facebook are currently prohibited.

In this agreement, the student and his/her parent/guardian shall agree to not hold the district or any district staff responsible for the failure of any technology protection measures, violations of copyright restrictions, or user mistakes or negligence.

Staff shall supervise students while they are using online services and may ask teacher aides, student aides, and volunteers to assist in this supervision.

Students

- will only use the account to which they have been assigned
- will use the system safely, responsibly, and for educational purposes
- shall not access, post, submit, publish, or display harmful or inappropriate matter that is threatening, obscene, disruptive, sexually explicit or that could be construed as harassment or disparagement of others based on their race/ethnicity, national origin, sex, gender, sexual orientation, age, disability, religion, or political beliefs
- shall not disclose, use or disseminate personal identification information about themselves, or others when using the internet.
- shall not use the system to encourage the use of drugs, alcohol, or tobacco, nor shall they promote unethical practices
- may not use the internet for profit

- shall not use the system to threaten, intimidate, harass, or ridicule other students or staff.
- shall obey copyright laws and post material only in accordance with copyright laws. Any materials used for research should be given proper credit.
- shall not intentionally upload, download, or create computer viruses and/or maliciously attempt to harm or destroy district equipment or materials or manipulate the data of any other user, including "hacking"
- shall report any security problem or misuse of the services to the teacher or principal

The district reserves the right to monitor the system for improper use.

Our signatures on Page 9 indicate that we have read, understand and will abide by the above terms and conditions. Any violation may result in access privileges being revoked. Additional disciplinary action and/or appropriate legal action may be taken. We further understand that electronic mail (e-mail) is not guaranteed to be private and acknowledge that we have no expectation of privacy. Data loss is not the responsibility of District. Use of any information obtained via the INTERNET is at our own risk.

HANDS-OFF RULE

The hands-off policy includes items such as students holding hands, hugging, horseplaying, etc. on campus. Each year, we talk to our students about the importance of respecting the personal space of others by keeping their hands to themselves and the dangers of horseplaying. Due to the increase of students being physical with one another on our school campus, the conversations we have had with students who feel uncomfortable, and concerns expressed by both staff and parents, we are including this in our planner to remind students that this is a school rule. We truly want to ensure that students feel safe and secure at school. We handle each incident independently and work with students on an individual basis. If a student clearly crosses the line, he/she will receive a discipline citation and/or further consequences

DID YOU KNOW?

- Every student is responsible for treating ALL staff members with respect, including substitute teachers, cafeteria staff, custodians, secretaries, and yard supervisors.
- Students are expected to be in class on time with the necessary supplies for that class.
- ANY STUDENT COMING TO THE OFFICE MUST HAVE A PASS FROM HIS/HER TEACHER.
- Loitering around the classrooms is not allowed during lunch.
- Students are not to be in classrooms at any time when an adult is not present.
- Using profanity and vulgarity is not allowed at school or during any school function.
- If a student's personal item is missing or suspected stolen, the student is to report it at once and fill out a LOSS REPORT form in the office.
- **GUM IS NOT ALLOWED AT SCHOOL.**
- Students must walk in the corridors and courtyard.
- Students are not to ride bikes, skateboards or scooters on campus at any time. Bikes, skateboards and

scooters are to be secured in the bike cage during the school day.

- Balloons are not allowed on campus.
- Students are not allowed to sell any items on campus.
- Due to the District-adopted Healthy Kids policies, the number of students with various allergies, and the disruption it causes, the office will not accept nor deliver any cupcakes, cakes, brownies, cookies, etc. to students. Please reserve your celebrations for a time outside of the school day.

PERMANENT INK MARKERS (i.e. Sharpies), ROLLER BLADES, IN-LINE SKATES, SKATES, MOTORIZED SCOOTERS, SPRAY PRODUCTS (AEROSOL AND NON-AEROSOL), RECORDERS, ELECTRONIC GAMES AND TOYS, ETC.

Students are NOT permitted to have the above items on school grounds.

COMPREHENSIVE SCHOOL WELLNESS POLICY

The Livermore School District's Comprehensive School Wellness Policy BP 5030 incorporates eight components, one of which is Nutrition.

Helping kids make Healthy Choices in the meals and snacks they enjoy is our commitment. Our goal is to partner with parents and families in teaching students to make healthy food choices. Research demonstrates that good nutrition is linked to better behavior and academic performance.

We appreciate your understanding and support of this policy. Parents who might like additional information about BP 5030 may contact their school principal or access the policy and other information on the District web site at <http://lvusd.ca.schoolloop.com>.

SNACK GUIDELINES

Snacks served during the school day, and in before/after school programs must also follow state nutritional guidelines. In keeping with the district's Comprehensive School Wellness Policy BP 5030, (see <http://lvusd.ca.schoolloop.com/bp5000>), and state nutrition laws, guidelines for snacks, beverages, and classroom parties and celebrations are as follows:

Snack Items

- Not more than 35% of total calories from fat (except nuts, nut butters, seeds, reduced-fat cheese, dried fruit+nut/seed combo) **and**
- Not more than 10% of total calories from saturated fat (except reduced-fat cheese, dried fruit+nut/seed combo) **and**
- Not more than 35% of total weight from sugar (except fruit, non-fried veggies, dried fruit+nut/seed combo), **and**
- Not more than 0.5 grams trans fat per serving (no exceptions) **and**
- Not more than 230 milligrams sodium (no exceptions), **and**
- Not more than 200 calories per item/container (no exceptions)

AND must be meet one of the following:

- Be a fruit, vegetable, dairy, protein or whole grain item (or have one of these as the first ingredient)
- Contain not less than 10% Daily Value for calcium or potassium or Vitamin D

- Be a combination food containing at least ¼ cup fruit or vegetable

Beverage Items

- No beverage larger than 12 ounces, except water
- Fruit or vegetable juice: not less than 50% juice, no added sweeteners
- Milk: cow or goat's milk **and** 1% (unflavored), nonfat (flavored, unflavored) **and** contains Vitamins A and D **and** not more than 28 grams of total sugar per 8 fl. oz. **and** not less than 25% of the calcium Daily Value per 8 fl. oz.
- Non-dairy milk: nutritionally equivalent to milk **and** not more than 28 grams of total sugar per 8 fl. oz. **and** not more than 5 grams of fat per 8 fl. oz.
- Water: no added sweetener, no serving size

Candy, soda, ice cream, and chips are not permitted.

BULLYING AND CYBERBULLYING

Livermore Valley Joint Unified School District's Tip Reporting Service - Safety is one of our District's top priorities; therefore, we are now using **SafeSchools Alert**, a tip reporting service that allows students, staff, and parents to submit safety concerns to our administration four different ways:

Phone: 925-261-8050

Text: Text your tip 925-261-8050

Email: 1180@alert1.us

Web: <http://1180.alert1.us>

Students and parents can easily report tips on bullying, harassment, drugs, vandalism or any safety issue you are concerned about through **SafeSchools Alert**. You can submit a tip anonymously online or by phone. When you submit a tip, be sure to use our District's identification code: **1180** in your communication.

Every tip SafeSchools Alert receives about our District is immediately logged in the system and our administration is notified so that they can investigate and take appropriate action. A nice function of the program allows tips to be submitted anonymously, if you prefer. Together, using SafeSchools Alert, we can make our District a safer place to work and learn! More information, including the Keenan SafeSchools Alert Terms of Use and Privacy Policy, is available online at the CMS website-Keep Our Schools Safe..

How to Deal with Being Bullied

If you have been bullied, it may affect you in many ways. You may not want to go to school or may find it hard to do your homework. You may be losing sleep, eating more or less than usual, having headaches or stomachaches, or getting sick more often. **Know that you do not have to feel this way.**

Your Feelings are Important

- **Do not blame yourself.** It is easy to question whether you are the problem. But no matter what someone says or does, you should not be ashamed of who you are or what you feel.
- **Be proud of who you are.** No matter what they say, there are wonderful things about you. Keep those in mind instead of the disrespectful messages you get from the people who are bullying you.
- **Do not be afraid to get help.** Sometimes it helps to just talk to someone who is not personally involved. Teachers, counselors, and others are there to help. Seeing a counselor or other professional does not mean there is something wrong with you.

What to Do When You Are Being Bullied

The first priority is always your safety. Here are some strategies for you to consider:

- **Tell them to stop.**
- **Walk away.** Do not let them get to you. If you walk away or ignore them, they will not get that satisfaction.
- **Protect yourself.** Sometimes you cannot walk away. If you are being physically hurt, protect yourself so that you can get away.
- **Tell an adult you trust.** Talking to someone could help you figure out the best ways to deal with the problem. In some cases, adults need to get involved for the bullying to stop.
- **Find a safe place.** Go somewhere that you feel safe and secure like the library, a favorite teacher's classroom, or the office.
- **Stick together.** Stay with a group or individuals that you trust.
- **Find opportunities to make new friends.** Explore your interests and join school or community activities such as sports, drama, or art. Volunteer or participate in community service.

Has Someone Called You a Bully?

You may feel pressured to bully others if your friends are doing it. You may think that you will no longer be popular or that you may be bullied yourself if you do not join in.

Sometimes you may think that you are just joking around but your words and your actions may actually be hurting someone.

Did you know that teens who bully are more likely to have poor grades, drop out of school, use drugs, or commit crimes?

Learn more about the effects of bullying.

Put Yourself in Their Shoes

- **Consider how they must feel.** If it seems like you are hurting them at all, **stop.**
- **Ask the person being bullied how they feel.** Maybe they are afraid or too embarrassed to say something.
- **Do not let your friends bully others.** If your friends are bullying others, help them see how they are hurting others.

Make it Right

- **Apologize.** Sometimes telling someone you are sorry can go a long way.
- **Focus on doing things differently from now on.** Although you cannot change what has happened, you can change how you treat others in the future.

Get Help

- **Talk with an adult.** They may have good ideas about what you can do to change how you treat others.
- **Ask for help.** Seeing a counselor or a health professional may be helpful. Sometimes it is good to talk with someone who is not personally involved to help you find solutions.

The Stop Bullying information is from the <http://www.stopbullying.gov/> website. **StopBullying.gov** is an official U.S. Government Web site managed by the [Department of Health & Human Services](#) in partnership with the Department of Education and Department of Justice

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2018-2019 SCHOOL CALENDAR OF EVENTS

AUGUST

- 14 Student Orientation, 9-noon
- 20 First Day of School
- 24 Picture Day, PE Classes

SEPTEMBER

- 3 Labor Day Holiday (No School)
- 6 Cookie Dough Fundraiser Starts
- 6 Back-To-School Night, 6-8 p.m.
- 11-14 Minimum Days, 1:31 Dismissal
- 25-26 Cookie Dough Fundraiser Orders Due

OCTOBER

- 5 Professional Development Day (No School)
- 12 ASB Dance, 7-9 p.m.
- 17 Picture Make Up Day, PE Classes

NOVEMBER

- 4 Daylight Saving Time Ends
- 12 Veteran's Day Holiday Observed (No School)
- 16 End of Trimester 1
- 19-23 Thanksgiving Break (No School)
- 26 Trimester 2 Begins

DECEMBER

- 20 Minimum Day, 1:31 Dismissal

Winter Break (No School)

December 21 – January 4

JANUARY

- 7 School Resumes
- 21 Martin Luther King Jr., Day (No School)
- 23 CMS Winter Orchestra and Choir Concert, 7 p.m., Gym
- 24 CMS Winter Band Concert, 7 p.m., Gym
- 25 ASB Dance, 7-9 p.m.
- 29-31 Minimum Days, 1:31 p.m. Release

FEBRUARY

- 1 Minimum Day, 1:31 p.m. Release
- 18 President's Day (No School)
- TBD Solo and Ensemble (Optional performance for all music students)
- TBD Command Performance of Solo and Ensemble Participants

MARCH

- 7 End of Trimester 2
- 8 Non-Student Day
- 10 Daylight Saving Time Begins
- 11 Trimester 3 Begins
- 14 8th Grade Panoramic Picture Day
- 18 8th Grade Promotion Gown Order Form Due

Spring Break (No School)

April 1-April 5

APRIL

- 8 School Resumes
- 10 Spring Picture Day, PE Class
- 19 Great America Forms Due
- 22 Non-Student Day
- TBD LVEF Concert, Adv. Band and Adv. Orchestra, LHS Gym

State Testing Window

Dates To Be Determined

MAY

- 10 ASB Dance, 7-9 p.m.
- 16 CMS Spring Band Concert, 7 p.m., Gym
- 27 Memorial Day (No School)
- 29 Open House, 6-8 p.m.
- 30 CMS Spring Orchestra Concert, 7 p.m., Gym
- 31 8th Grade Promotion Dance

JUNE

- 3 Regular Schedule, 2:31 p.m. Release
- 3 8th Grade Great America Trip
- 3 6th and 7th Grade Award Assemblies
- 4 Regular Schedule, 2:31 p.m. Release
- 5 Minimum Day, 1:31 p.m. Release
- 6 Last Day of School, 8:25 a.m.-12:25 p.m.
- 6 End of Trimester 3
- 6 8th Gr. Promotion Ceremony, 6 p.m.
- 8 Rodeo Parade, Downtown Livermore

180809 Subject to Change

CHRISTENSEN MIDDLE SCHOOL

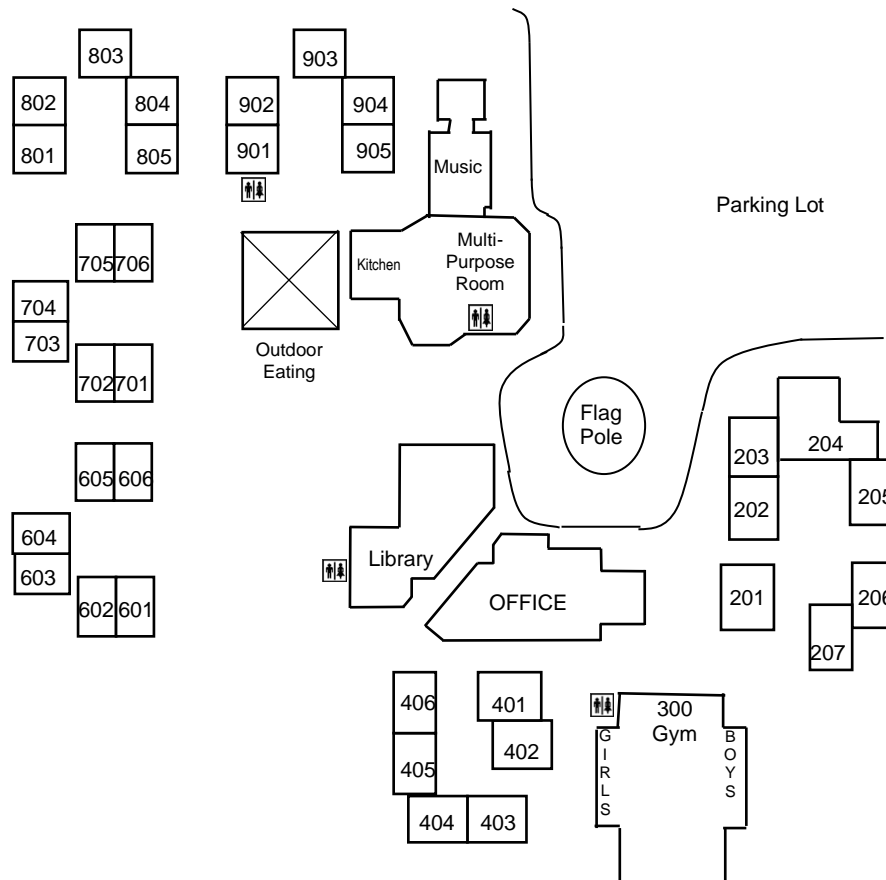
BELL SCHEDULE

2018-2019

<u>MON., TUES., THURS., FRI.</u>	
PERIOD 0	7:30 – 8:20
PERIOD 1	8:25 – 9:15
PERIOD 2	9:19 – 10:09
BREAK	10:09 – 10:15
PERIOD 3	10:19 – 11:14
PERIOD 4A	11:18 – 12:08
PERIOD 4B	11:53 – 12:43
4A LUNCH	11:14 – 11:49
4B LUNCH	12:08 – 12:43
PERIOD 5	12:47 – 1:37
PERIOD 6	1:41 – 2:31

<u>WED. AND MINIMUM DAYS</u>	
PERIOD 0	7:30 – 8:20
PERIOD 1	8:25 – 9:05
PERIOD 2	9:09 – 9:49
BREAK	9:49 – 9:55
PERIOD 3	9:59 – 10:44
PERIOD 4A	10:48 – 11:28
PERIOD 4B	11:23 – 12:03
4A LUNCH	10:44 – 11:19
4B LUNCH	11:28 – 12:03
PERIOD 5	12:07 – 12:47
PERIOD 6	12:51 – 1:31

Rev. 120103



Rev. 160531

CHRISTENSEN MIDDLE SCHOOL

5757 Haggin Oaks Ave., Livermore, CA 94551
(925) 606-4702 FAX (925) 606-4705

PLEASE SIGN & RETURN TO YOUR SECOND PERIOD TEACHER
BY THURSDAY, August 30, 2018

After you have read and discussed the Christensen handbook with your parent(s), please have your **parent initial** next to each statement below, then sign and return this page to your **second period teacher**.

_____ We have read and discussed the Christensen Middle School's handbook and all of the school rules and expectations.

_____ We understand all books and school materials must be returned on time and in good condition or we will be responsible for their replacement.

_____ We have read, understand and will abide by the Use of Technology In Instruction terms and conditions as outlined on pages 4-5 and agree to the LVJUSD Bring Your Own Device (BYOD) Technology Guidelines as stated below.

I, THE STUDENT, AGREE TO THE FOLLOWING:

- I will only connect to the "LVJUSD BYOD (Bring Your Own Device) Network" if I need WIFI at school.
- I will be responsible if the personally owned student devices are lost, damaged, or stolen. The District assumes no responsibility for loss, theft or damage to any personally owned student device.
- I will keep personally owned student devices secure at all times and not share them with or loan them to others.
- I will keep all personally owned student devices turned off.
- I understand that there is no expectation of privacy during use of my personally owned student devices on the LVJUSD's BYOD Network when on the BYOD WiFi. As such, all of my activity on LVJUSD's secure BYOD network is public, and District personnel can monitor all of my activity on my personally owned student devices. While on school property, I will ask others prior to taking photos, audio recordings, or videos with my personally owned student devices or authorized or directed by school personnel.
- I will be expected to charge my device at home before bringing it to school. I can bring a portable charging device.
- I understand that all personally owned student devices may be subject to investigation in accordance with District policy, state law, and federal law.
- I understand that transmission of any material in violation of any federal or state law, or District policy or regulation, is prohibited.

WE, THE STUDENT AND PARENT/GUARDIAN, AGREE TO THE FOLLOWING:

- We understand that any student-owned devices brought to school is the responsibility of the student.
- We understand that violating this agreement may result in disciplinary actions in accordance with district Acceptable Use Policy and regulations, state law and federal law.
- We understand the expectations and responsibilities associated with the proper care and handling of personally owned student electronic devices while at school.
- We will be responsible for the setup, repair and maintenance of personally owned student devices.
- We understand that teachers will not store personally owned student devices.
- We understand that neither the District nor school will take responsibility to search for lost or stolen devices nor is there any financial responsibility by LVJUSD for damaged, lost, or stolen personal computing devices.

Student Name (Please print): _____

Student Signature: _____ Date _____

Parent Name (Please print): _____

Parent Signature: _____ Date _____

